

Learn Arabic as a Family: the 12-week plan

One focus per week, one ten-minute daily habit, one weekend activity.
Print it, put it on the fridge, and tick the weeks off together.



	FOCUS	DAILY 10-MINUTE HABIT	WEEKEND ACTIVITY
WEEK 1	Sounds and greetings	Say five greetings at fixed moments: waking up, meals, leaving, bedtime	A 10-minute video call with a relative, in Arabic only
WEEK 2	The alphabet, letters 1 to 14	One letter a day with the alphabet chart: name, sound, trace it, find it in a word	Letter hunt around the house and on food packets
WEEK 3	The alphabet, letters 15 to 28	One new letter a day, plus two old ones to review	Make a big alphabet poster together
WEEK 4	First words: family and home	Stick Arabic labels on three objects at home	Cook one dish and name every ingredient in Arabic
WEEK 5	Food and the table	Run one meal a day in Arabic: please, thank you, more, I'm done	Write the grocery list in Arabic and shop with it
WEEK 6	Body, clothes, bedtime	The whole bedtime routine in Arabic, every night	A song with actions: head, shoulders, knees and toes in Arabic
WEEK 7	Numbers, colours, shapes	Count stairs, toys and cars; name colours on the way to school	A board game played only in Arabic
WEEK 8	Reading short words	Read five three-letter words from the chart	Write everyone's name in Arabic and put them on the doors
WEEK 9	Questions and answers	Three questions at dinner: what, where, who	A five-minute family interview recorded on the phone
WEEK 10	Stories	One page of a picture book, or five minutes of an Arabic cartoon and a chat about it	Act out the story with costumes
WEEK 11	Feelings and opinions	How are you, and why? Answered in Arabic by everyone	A family vote, in Arabic, on the weekend activity

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WEEK 12	Celebrate and plan on	Use the 20 words everyone now knows, all day	A small party, then agree on the next 12 weeks and where lessons fit

● The three rules that keep a plan alive

- ☐ **Ten minutes beats an hour.** A small daily habit at a fixed moment survives busy weeks; a long Sunday session does not.
- ☐ **Parents play too.** Children copy what adults do, not what they say. Make your own mistakes out loud and laugh at them.
- ☐ **Outsource the teaching, keep the cheering.** A tutor supplies correct sounds, reading and structure. You supply the reason it matters.

